



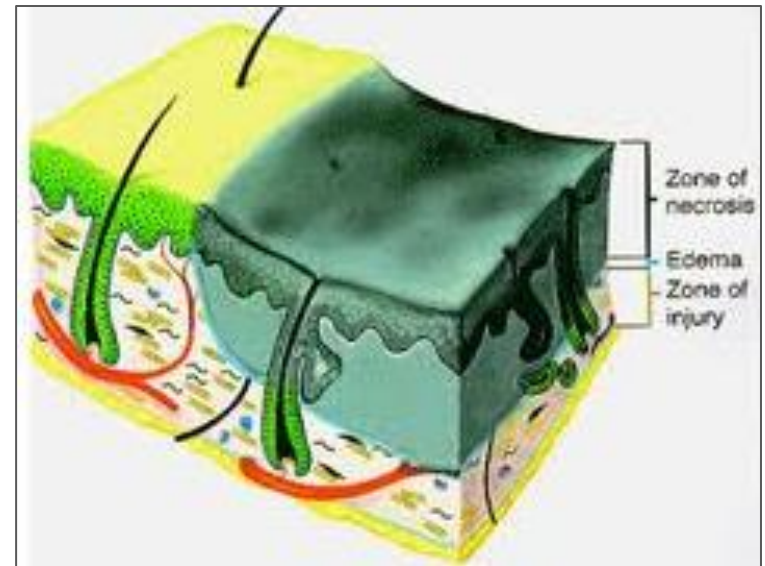
# The impact of MEDIHONEY® on Deep Partial Thickness Burns



Presenter: **Ariel M. Aballay, MD, FACS**  
Medical Director  
The West Penn Burn Center

# Agenda

- My Clinical Practice
- Why MEDIHONEY®? What can it do?
- A Review of Cases
- Impact on My Practice
- Tips & Pointers
- Q&A



# My Clinical Focus

- Treatment of Burn Injuries in both paediatric and adult patients
- Our goal is to heal wounds in the shortest period of time
- Limit functional consequences while optimizing cosmetic outcomes



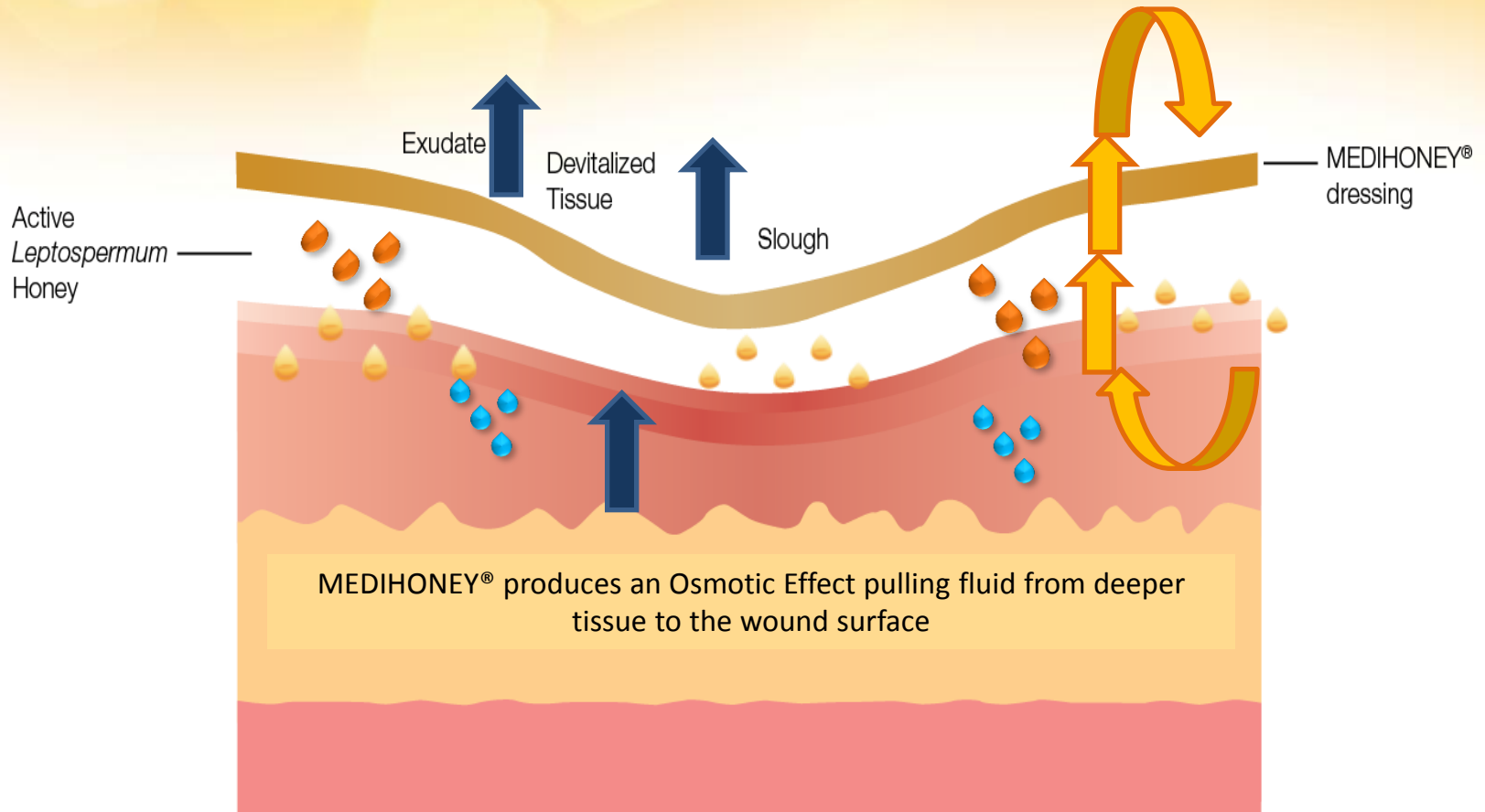
# MEDIHONEY®

What is it? What can it do?

- Derived from the nectar of a specific *Leptospermum Scoparium* (= **MANUKA**) species of plant in New Zealand
- Unique among honey – **maintains its effectiveness** even in the presence of wound fluid
- Supported by over 160 pieces of evidence, including Randomized Controlled Trials, Peer-Reviewed articles and posters, demonstrating efficacy in the management of wounds and burns.<sup>1</sup>
- **Many mechanisms of action** create an optimal environment for wound healing – **High Osmolarity, Low pH, Non-peroxide Activity...**



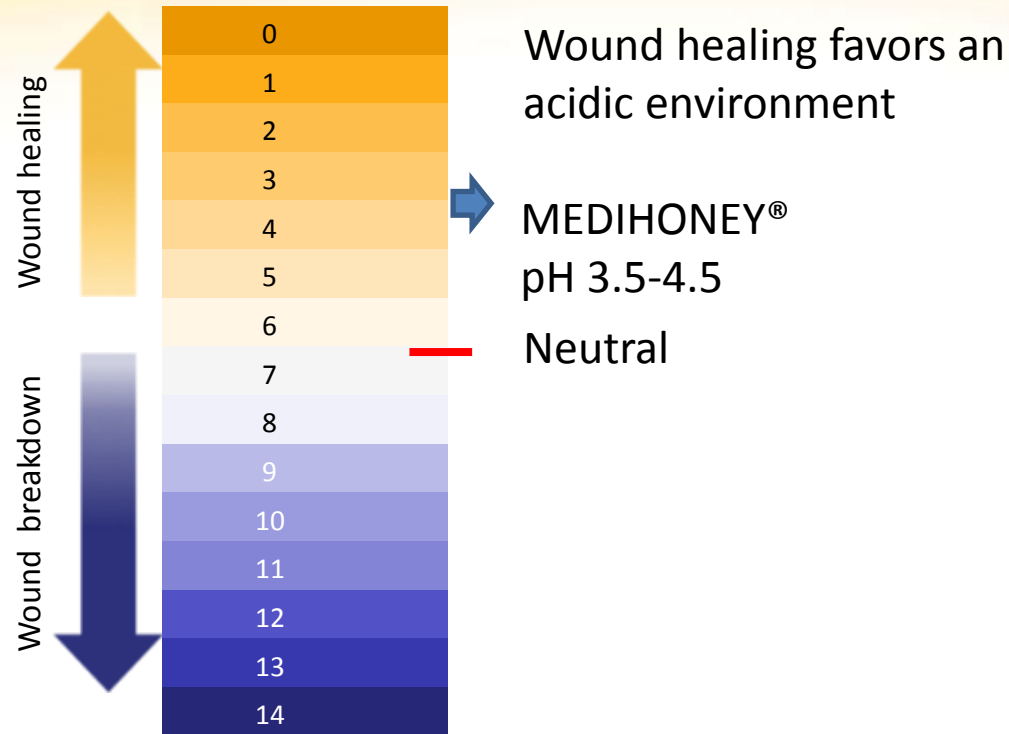
# High Osmolarity



Works with the body's natural processes to bathe the wound bed promoting the removal of devitalized tissue<sup>2,3</sup>

2. Acton C, Dunwoody G. The use of medical grade honey in clinical practice. *British J Nursing* 2008;17(20): S38-S44.
3. Chaiken, N. Pressure ulceration and the use of Active Leptospermum honey for debridement and healing. *Ostomy Wound Management* 2010;56(5), 12-14.

# Low pH



The low pH of MEDIHONEY® (3.5-4.5) helps to lower the pH within the wound environment<sup>4-5</sup>, which has been shown to have wound healing benefits.<sup>6</sup>

4. Gethin G. Influence of Manuka honey on surface pH, MMP-2, MMP-9 and wound size of chronic wounds. European Wound Management Association Conference, Lisbon, Portugal, May 2008.
5. Milne SD, Connolly P. The influence of different dressings on the pH of the wound environment. J Wound Care. 2014 Feb;23(2):53-4, 56-7.
6. Leveen H, Falk G, Borek B, Diaz C, Lynfield Y, Wynkoop B, Mabunda GA et al. Chemical acidification of wounds. An adjuvant to healing and the unfavourable action of alkalinity and ammonia. *Annals of Surgery*. 1973. 178(6): 745-50.



# Different Configurations Assist in Wound Bed Preparation



**MEDIHONEY® 100%**



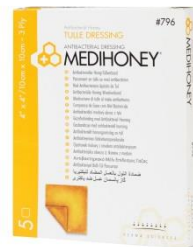
**MEDIHONEY® Barrier Cream**



**MEDIHONEY® Wound Gel**



**MEDIHONEY® HCS**



**MEDIHONEY® Tulle**



**MEDIHONEY® Apinate**



**MEDIHONEY® Gel Sheet**

# Background & Case Review



# BACKGROUND

- Early excision and autologous grafting remains as the gold standard for third degree burns and deep partial thickness burns, which are unlikely to heal in 3 weeks<sup>7,8</sup>
- However, in clinical practice this approach may not be ideal for:
  - Frail, elderly patients
  - Patients with significant co-morbidities in whom anaesthesia may not be desirable
  - Relatively small burns
  - Certain areas of the body (such as the face, scalp or genitalia)
  - Patients that decline surgery
- In these cases, providing an environment that would hasten debridement and removal of devitalized tissue would facilitate healing and wound closure

7. Janzekovic Z. A new concept in the early excision and immediate grafting of burns. J Trauma 1970;10:1103---8.

8. Engrav LH, Heimbach DM, Rues JL, et al. Early excision and grafting vs nonoperative treatment of burns of indeterminate depth: a randomized prospective study. J Trauma 1983;23:1001---4.

# BACKGROUND

- One study compared the effectiveness of a honey dressing to Silver Sulphadiazine (SSD) on wound healing in patients with first and second degree burns. Patients treated with honey dressings had a significantly shorter duration of healing compared to patients treated with SSD<sup>9</sup>
- These studies provide evidence that honey may be an effective treatment option for partial thickness burns
- This Case Review explores examples of our clinical experience with MEDIHONEY® in the treatment of burn patients since 2013, which has prompted our initiation of an RCT on this product

# Case 1 – Deep Partial Thickness Burn to Forehead

DAY 1

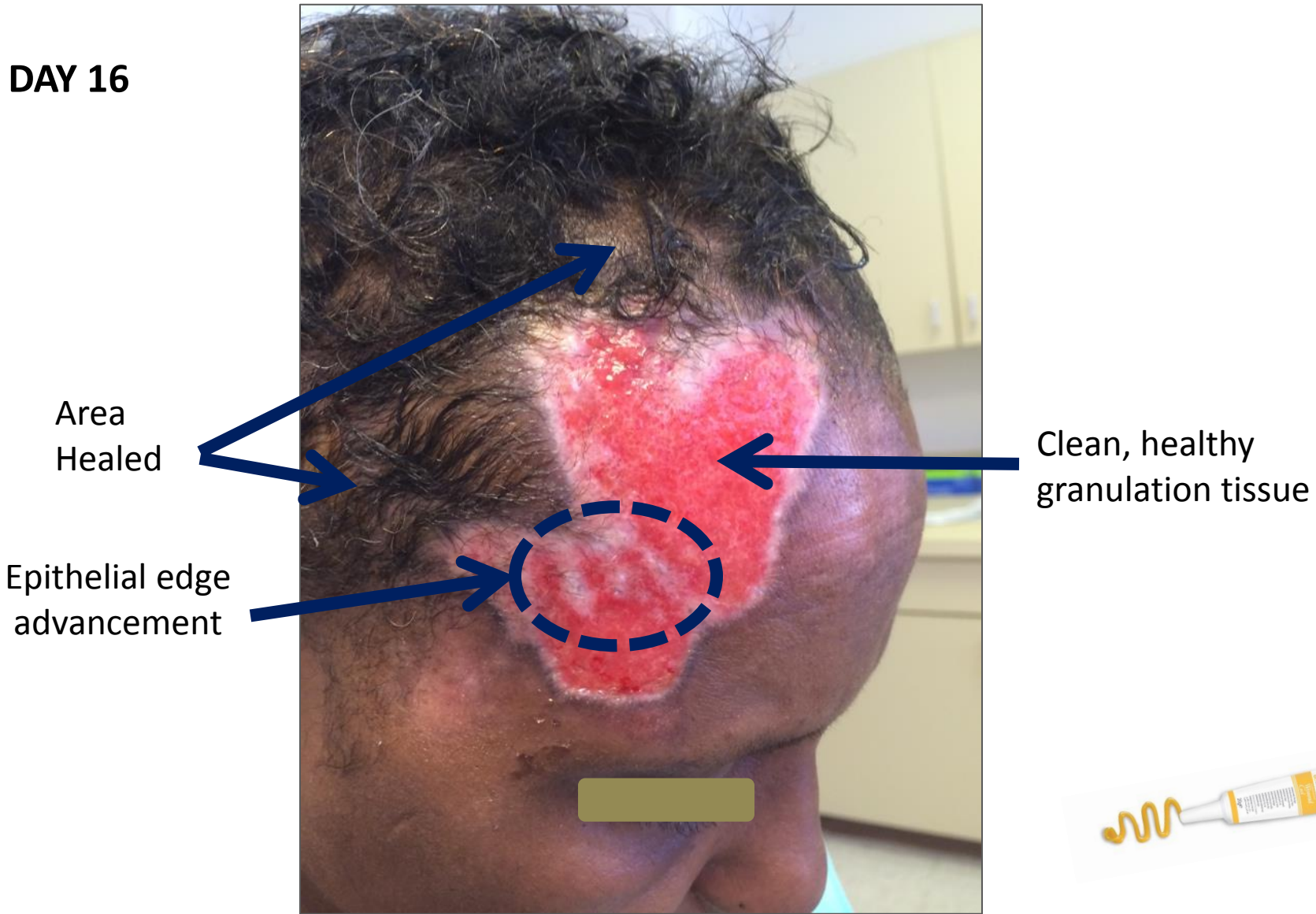


- 47 year old female patient who experienced burns secondary to hair grooming product
- Treatment: MEDIHONEY® Wound Gel applied three times a day



# Case 1 – Deep Partial Thickness Burn to Forehead

DAY 16





# Case 1 – Deep Partial Thickness Burn to Forehead

DAY 36

Re-Epithelialization Complete

Pigmentation returning



# Case 1 – Deep Partial Thickness Burn to Forehead

## Summary



Wound closure, hair follicle regrown, pigmentation returns after 7 weeks of  
MEDIHONEY® Wound Gel treatment  
No hypertrophic scarring



# Case 2 – Deep partial thickness burns to Face

Day 1



- Patient attempted to light a cigarette while on oxygen
- Patient also experienced burns to left arm when clothes caught on fire
- Surgery procedure – Ultrasonic debridement performed on face
- MEDIHONEY® Wound Gel initiated after surgery – daily changes





## Case 2 – Deep partial thickness burns to Face



Day 3: Remaining eschar is being softened and liquefied by the MEDIHONEY®



Day 4: As eschar is softened, it is easily removed, revealing advancement in healthy tissue formation

## Case 2 – Deep partial thickness burns to Face



Day 5: wound continues to improve



Day 11: Nose is healed; pink healthy skin among remaining devitalized tissue. Continued Wound Gel to complete healing.



# Case 2 – Deep partial thickness burns to Face

## Summary



Post ultrasound debridement, **MEDIHONEY®** Wound Gel promoted continuous removal of devitalized tissue and rapid healing in less than 2 weeks.



# Case 3 – Deep Partial Thickness Burn impacting hair line

Day 1



- 54 year old female
- Deep burns to forehead/face secondary to flame burns caused when hair caught fire
- Surgery would jeopardize follicle regrowth and return of normal hairline.





# Case 3 – Deep Partial Thickness Burn to Forehead



Week 3



Week 5



Week 7

- Daily application of MEDIHONEY® Wound Gel  
Wound healing, follicle regrowth closing in toward deepest part of burn



# Case 3 – Deep Partial Thickness Burn to Forehead

## Summary



- Less than 2 months, wound healing even at deepest area of injury
- Patient will retain normal hairline
- Wound continued to completely fill in as observed in further clinical follow up – however, no image taken





# Case 4 – Stage IV Lung Cancer Patient with contact burns

Day 1



- 82 year old male with burns secondary to heating pad
- Not a surgical candidate
- MEDIHONEY® Wound Gel applied daily and covered with non-adherent dressing





# Case 4 – Stage IV Lung Cancer Patient with contact burns

**Day 21 (3 weeks)**



- Significant area of wound is closed.
- Small areas - continued wound edge advancement



**Day 42 (nearly 6 weeks)**

- Wound closure

# Case 5 – Deep Burns in Immunosuppressed Crohn's Patient

## Initial Presentation 3 Weeks Post Burn



- 72 year old female with Crohn's, CRF, short bowel syndrome
- Currently on TPN, COPD and high dose prednisone
- Burns caused by heating pad to left hip
- Patient referred to clinic 3 weeks after injury
- Area covered with 95% yellow slough
- Initiated MEDIHONEY® Wound Gel and non-adherent dressings



# Case 5 – Deep Burns in Immunosuppressed Crohn's Patient

**Day 10 after  
initiation of  
treatment**



- Slough greatly reduced
- New granulation tissue and wound edge advancement observed





# Case 4 – Deep Burns in Immunosuppressed Crohn's Patient

**Day 25 (Wk 3 after initial treatment)**



- Increase in granulation tissue

**Day 65 (Wk 9 after initial treatment)**

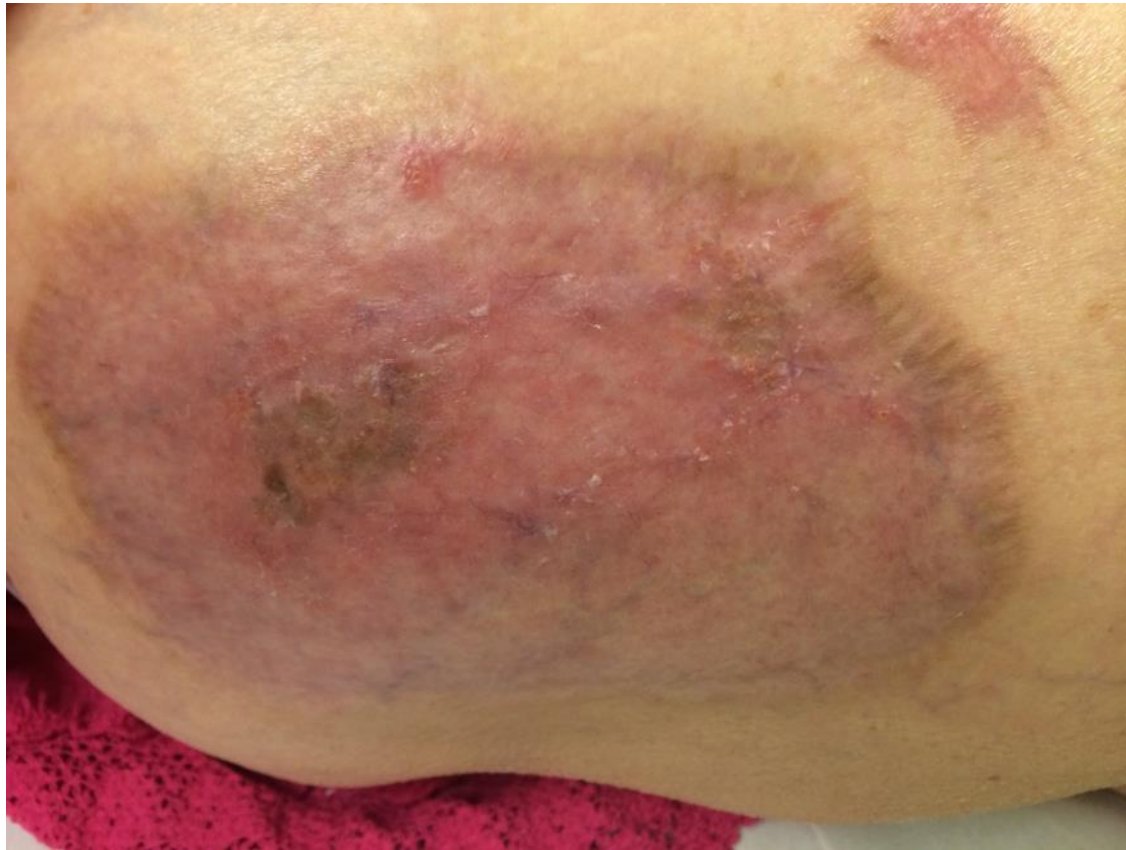


- Continuous progress as wound edges continue to advance to close this injury



# Case 5 – Deep Burns in Immunosuppressed Crohn's Patient

**Day 75  
(Month 3  
after initial  
treatment)**



- Wound closure with MEDIHONEY® alone
- No complications experienced by immunocompromised patient
- No other intervention or antibiotic required



# Case 5 – Deep Burns in Immunosuppressed Crohn's Patient

## Summary



Complete epithelialization without surgical intervention or complications in patient on corticosteroids in 3 months  
No hypertrophic scarring





## Case 6 – Deep Partial Thickness Burn to Hand



**Day 4**



**Day 19**

- 47 year old female with burns to right hand caused by hot grease
- Superficial and deep partial thickness burns
- Daily MEDIHONEY® Wound Gel applications for complete healing in less than 3 weeks.





# Case 7 – Deep Partial Thickness Burn in Pediatric Patient



**Day 1**



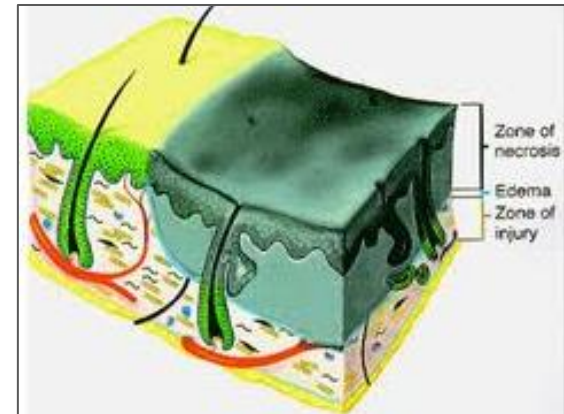
**Day 11**

- 2 year old male with burns caused by curling iron
- Daily MEDIHONEY® Wound Gel applications, covered with non-adhering dressing
- Rapid healing in less than 2 weeks



# Impact of MEDIHONEY® to Practice

- Effective intervention for Deep Partial thickness burns
- Ideal patients:
  - Elderly, children, malnourished, cancer
  - Burns to face
  - Palms of the hand, plantar aspect of feet
- Accessible – Patient access and affordability



# TIPS & Pointers

- MEDIHONEY® Wound Gel contains gelling agents making it more stable at body's temperature than Medihoney 100%
- Paste is more fluid with no gelling agents; useful for burns affecting mouth and may be accidentally swallowed
- A cover dressing will keep area moist/prevent the Wound Gel product from drying out. If unable to cover area (i.e face), product needs to be re-applied every 6 hours.
- For wounds with small amount of drainage, the MEDIHONEY® HCS dressing is very effective, comfortable and no cover dressing needed



Wound Gel



HCS



Medihoney 100%



# Questions?



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